



Hutchesons' Grammar School

Seizure Policy

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Policy Approval **Mr M Ronan**

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For all staff and parents

Epilepsy is a common and serious neurological condition. Seizure can either effect part of the brain or the whole brain. There are around 40 different types of seizure, some of which are more common in childhood.

Hutchesons' Grammar School recognises that Epilepsy is a common condition-affecting children and welcomes all children with epilepsy to the school. We will support children with epilepsy in all aspects of school life and encourage them to achieve their full potential.

This policy ensures that all relevant staff receives training about epilepsy and administering emergency medicines.

What to do when a child with epilepsy joins Hutchesons' Grammar School.

When a child with epilepsy joins our school, or is a current pupil diagnosed with the condition, the school nurse and teacher arranges a meeting with the pupil and the parents to establish how the pupil's epilepsy may affect their school life. This should include the implications for learning, playing and social development, and out of school activities/trips. Special arrangements such as extra time during exams will also be discussed.

All staff are made aware of pupils who have epilepsy.

Record Keeping

Accurate records of the child's epilepsy, health and learning needs will be kept. Parents must provide information regarding changes to treatment and the records changed, staff informed accordingly. Staff are notified via the school Management Information System and also via email by Matrons.

Medication

An individual healthcare plan will be drawn up and contain information regarding medication, symptoms, triggers, emergency procedures and contact details. It will also contain instruction regarding the administration of rectal diazepam or buccal midazolam and the staff trained to administer.

Medications will be stored as per school medicine policy.

Learning Support

Hutchesons' Grammar School recognises that children with epilepsy can have special educational needs because of their condition. Certain types of medication taken for epilepsy can have an effect on a pupil's learning or behaviour. Staff will be informed. Following the initial meeting, staff will be asked to ensure the pupil is not falling behind in lessons. If this starts to happen the teacher will initially discuss the situation with the parents. If necessary, an individual educational plan will be drawn

up. An assessment by an educational or neuropsychologist may be necessary to decide if further action required.

First Aid

Staff are regularly trained/updated in first aid procedures. For tonic–clonic seizure:

- Stay calm and reassure
- If the child is convulsing then put something soft under head, if possible protect the child from injury
- Do not attempt to restrain but do not move them unless in immediate danger.
- Never try and put anything in their mouth or between their teeth
- If possible time how long the seizures lasts.
- Call 999 if it lasts longer than usual for that pupil
- Call 999 if it continues for more than five minutes or they have repeated seizures
- Call 999 if it is the person's first seizure
- Call 999 if they are unresponsive for more than 10 minutes following the seizure
- When a child finishes their seizure place in the recovery position, stay with them and continue to observe
- Do not give them food or drink until they have fully recovered from seizure
- If incontinent during seizure cover with blanket after seizure is finished to avoid potential embarrassment.

Appendix A-Seizure Flow chart

Seizure Flow Chart

Person starts to have a seizure.
Never leave pupil unattended.



Lower person to the floor if possible and remove any hazards, remove spectacles
DO NOT TRY TO RESTRAIN LIMBS



Support head if possible with either hands or soft clothing
DO NOT INSERT ANYTHING INTO THEIR MOUTH TO PREVENT THEM BITING THEIR TONGUE



Note the time the seizure started. Call Matron.
If Matron unavailable, call School office who will contact House Staff /SLT



If the seizure lasts longer than **five** minutes or if it is a first seizure. Call for an ambulance, then immediately inform school office



- When seizure stops place person in the recovery position, stay with them and offer reassurance
- Be aware that they may have been incontinent so provide cover and maintain their dignity
- Do not allow them to eat or drink until fully recovered
- Inform parent or next of kin